

Program Offerings

Employment Services

Exploring Career Interests, Job Searching, Resume Writing, Completing Job Applications, How to Contact Employers, Interviewing Skills, On-The-Job Training and Support for Volunteer or Paid Work.

Computer Skills Development

Typing, Resume Writing, Basic Word Processing and/or Database Skills, Internet Searches.

Behavior Management

Having part of a Community in a Supportive Environment, Participating in Groups, Developing New Interpersonal and Communication Skills

Literacy Development

Beginning to Advanced Reading, Writing, Math, Arts, History, Science, Politics, Current Events and World Cultures

Creative Arts

Games, Arts, Crafts and Hobbies Computer Games, Music, Pottery, Painting, Gardening, Singing

Health and Wellness

Physical Exercise, Nutrition, Relationships, Safety, and Emergency Preparedness

Community Involvement

Using public transportation, Making Friends, Community Fairs, Sporting Events, Eating Out, Museums, Art Exhibits, Con-

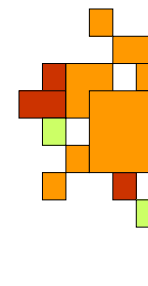
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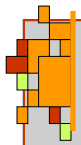
Pathway to Choices Adult Day Services

Monday to Friday

9am – 3pm



www.pathwaytochoices.net



Pathway to Choices Day Services

How the Program Works

A tour is set up with the care-home, family and potential consumer during normal operating hours. Upon completion of the tour we determine if the consumer and all parties agree the consumer is a potential fit for the program. The Regional Center Case Manager issues a POS for our Adult Day Program to commence services.

At the beginning of the program, the consumer will participate of a 30 Day trial period. In this lapse of time we evaluate their needs, services, wants and behaviors (if any), in an assessment report.

If the consumer's needs are attainable, Pathway to Choices Day Services will offer the consumer a space in the program. An in depth assessment is then completed to assist the Program Director with the Individual Support Plan (ISP) and skill goals for the following 12 months. A semi-annual review is also completed, when needed for behavior cases.

Each morning, the consumer will meet with an Instructor and determine

which ISP goals/objectives he/she will work toward that day. Based upon this discussion, the consumer will sign up for and participate in classes on or off-site for the day.

Teaching tools utilized may include but are not necessarily limited to: textbooks, workbooks, magazines, videotapes, games, communication, role-playing, support groups, writing, art, and may center on themes such as culture, seasons, etc.

Program Objectives

Tailored Supports and Services meet each person's needs and preferences, change as the individual does.

- *Choice, Self-Determination and Self-Advocacy* - Consumers learn new interpersonal skills and practice these skills
- *Expanded Literacy Skills* - Each person served develops expanded knowledge, skills and abilities in reading, writing, math, computer use, expressive arts and crafts, history, science, world cultures, politics, and more.
- *Community Involvement* - Everyone visits local areas of interest, ex-

plores museums, libraries, art, and as desired, may get a volunteer or paid job.

- *Health and Well Being* - They learn about physical, mental, spiritual, sexual health, staying safe and emergency preparedness.

Each person served receives the support needed and desired to be successful in each of the pursuits that he/she decides to participate in during day program hours. This success leads to the person making positive choice in all areas of his/her life.

Pathway to Choices Day Services

ADP Vendor # HB0546
BMP Vendor # HB0547
License # 079200139

California State Department of Social Services
Community Care Licensing Division
1515 Clay Street, Suite 310,
Oakland, CA 94612
(510) 286-4201

For more information on receiving services from Pathway to Choices, contact your Case Manager at:

Regional Center of the East Bay

(510) 383-1200 Oakland
(925) 798-3001 Concord